## THE PURPOSE OF KUFUDOKAN AIKI

Through correct training;

To unite the mind and body as one

To live in harmony within oneself and with other's.

To cultivate a vigorous spirit.

To strive for improvement in life.

To hold human courtesy and honour in highest esteem.

To uphold the fraternal principle that all of goodwill may agree

To impart the art and its principles to others in sincerity

To contribute to the development of culture and society

To promote peace and prosperity among all people.

## Please Note:

Within the Budo tradition it is usual for each school to dedicate it's Dojo's to the purpose of Budo as each school views its respective purpose.

Here is stated those principles that the Kufudokan upholds as being of importance to authentic Budo practice.

These ten tenets of the Way re-echo the sentiments of many teachings and their teachers.

In good faith the techniques of training are imparted to a new generation with the highest aspirations associated towards their sincere cultivation.

May virtue ensue and peace reign supreme!

Kancho-Kufudokan